

NEWINGTON PARKS AND RECREATION PRESENTS...



Children and teens will love this exciting new way to exercise while learning how to dance! Zumba is a dance-fitness class that combines Latin and International music with dance movements to create a party-like atmosphere. This class is specially formatted to be 'kid-friendly', while utilizing many of the elements of the adult class. Children and teens will have fun dancing and exercising all at the same time! This class may use movements from Salsa, Merengue, Latin Hop, Cumbia, Flamenco and more! Parents are welcome to stay and watch. Participants should bring water and wear comfortable clothes.

Instructor: Carrie Tartaglia

Location: Anna Reynolds Elementary School Gymnasium

Dates: Mondays, January 11 - March 22 (9 classes, no class 1/18, 2/15)

Time: (ID: 6613) Ages 7-11: 6 - 6:45 p.m.

(ID: 6614) Ages 12-15: 7 - 7:45 p.m.

Fee: \$27 for residents

\$33.75 for non-residents



FREE DEMO CLASS

Your child or teen can try out Zumba Kids for FREE!

Instructor: Carrie Tartaglia

Location: Anna Reynolds Elementary School Gymnasium

ID:	Ages	Time	Date
6615	7-11	6-6:45 PM	Monday,
6616	12-15	7-7:45 PM	January 4

This demo class is FREE, but pre-registration is required!

Only registered participants will be permitted in the class.

Space is limited, so register early!